

## **Physiotherapy in Parkinson's disease: A feasibility study**

Do you have Parkinson's disease? Did you know Physiotherapy can help?

Do you want to exercise regularly?

Would you like to be involved in a study where you complete Parkinson's specific exercises in both a group environment and at home?

You are invited to participate in a research study investigating ways to increase accessibility to physiotherapy for people with Parkinson's disease. You will be asked to complete the physiotherapy program 3 times a week for 10 weeks. The program will be conducted in both a group environment at the University of Canberra Student Led Neurological Clinic and at home.

**If you would like more information, please contact**

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This study has approval from the University of Canberra Human Research Ethics Committee